

# Supper of the Lamb

## Preparation for the Session

**Turn to Page 265,**  
the Family + Faith page.  
*Vivos en Cristo*, Page 531

In this chapter you will cover the following objectives:

- Compare the story of the Loaves and the Fish to what Jesus gives us in Holy Communion
- Recognize the value of praying together the Lord's Prayer and offering each other a sign of peace before receiving Communion
- Understand that through the Eucharist, Jesus' followers are united with him and one another
- Appreciate that through the Eucharist, Jesus Christ is really and truly present with us, so we receive Holy Communion with reverence and adore him in the reserved Blessed Sacrament

**Turn to Page 257,**  
Supper of the Lamb  
*Vivos en Cristo*, Page 515

**Read** the **Consider This** feature. What thoughts or reactions do you have to the opening question?

**Parents, Consider This:** *There is nothing more beautiful to watch than a mother interacting with her first-born child in those first weeks of life. Aware of the sacredness of this child, she responds with reverence. As Catholics, we believe that Jesus is really present in the Eucharist. The Son of God offers his body to us each time we come to Mass. The only appropriate response is adoration and reverence. Teaching your child the body language to express reverence speaks loudly about our belief. Appropriate dress, genuflecting, and leaving time for sacred silence opens our hearts to the magnitude of the gift we have been given in the Eucharist.*

**Read** these other sections on the Family + Faith Page.

- *Your Child Learned.* This highlights some of the content of Sacred Scripture and Tradition in the chapter.
- *Children At This Age.* This will help you to understand how your child processes and learns at this developmental level.



**Let's Sing:** These songs connect the session topics and can be downloaded from [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

- The Supper of the Lamb
- We Come to Worship You

## INVITE: Encountering God in His Word

After gathering the supplies that you will need, find a quiet place to be with your child. This is a sacred time—a time when you will be present to each other and to the Lord. You may want to light a candle as you begin.



**Let Us Pray** Invite your child to make the Sign of the Cross. Read aloud the Psalm verse from the book. Help your child to respond.

**Explain** that a wonderful part of God's gift to us in the harvest is wheat and grapes. From that wheat and grapes, we make bread and wine.

**Say:** Let's listen with your heart to this story about bread.



**Guide** your child through the Preparing for God's Word Ritual you learned in the Introduction Session or play Track 1 of the *Songs of Scripture* CD.

- Proclaim God's Word in the Parchment Paper box on the page.
- Maintain several moments of silence.
- Ask: What did you hear God say to you today?

**Invite** your child to respond and also share what you heard.

Now, look at the *What Do You Wonder?* box.

**Say:** Jesus was telling his disciples that he is the bread that comes from Heaven. He gives us life. He is the Bread of Life. And so we can always have that life, Jesus gave himself to us in the Eucharist.

**Invite** your child to respond to the questions. Ask what else they might wonder about the Eucharist and how God the Father takes care of us.

## DISCOVER: Learning God's Truth

### Turn to Page 258,

Jesus Feeds Us

*Vivos en Cristo*, Page 517

**Read** the first paragraph.

**Look** at the illustration. Ask your child what he/she thinks is happening in the picture.

**Say:** Let's read God's Word to hear the story.



**Proclaim** the Scripture story (continued on page 259).

### Turn to Page 259,

The Feeding of the  
Five Thousand

*Vivos en Cristo*, Page 519

**Ask:** How did Jesus take care of the people? (**He fed them.**)

**Ask** your child to read aloud the paragraphs under "The Lord's Prayer."

**Read** the definition of **Holy Communion** in the Catholic Faith Words box on page 258. Ask your child to retell it to you in his/her own words.

**Explain** that before people receive Jesus in Holy Communion, they share a sign of peace and they pray the prayer Jesus taught.

## Activity

**Discuss** the first question in the Share Your Faith activity.



**Have** your child complete the gold-star activity.

**Parents, Consider This:** Have you been craving some quiet? For how long? People who find so much noise, so much activity in their lives, a bit overwhelming, can often find peace in the quiet of God's presence as they sit with the Lord in the Blessed Sacrament. During your busy day, as you go from one place to another, you might want to consider a fifteen minute respite before God. In breathing in his love and giving praise to his name you will be restored in body, mind and spirit.

**Turn to Page 260,**  
Holy Communion  
*Vivos en Cristo*, Page 521

**Tell** your child to silently read the page. Ask her/him to tell you what she/he has read.

**Review** the definition of **Real Presence** in the Catholic Faith Words box.

 **Complete** the gold-star activity.

**Turn to Page 261,**  
Receiving Communion  
*Vivos en Cristo*, Page 523

**Explain** that great love and respect are shown for the Eucharist.

**Tell** the children that Catholics who receive Holy Communion without serious sin become one with Jesus and his Church. The priest asks God to bless everyone and to give them peace so that they can go forth to love others as Jesus did.

**Read** aloud the paragraph under "The Blessed Sacrament."

**Have** your child read the definitions for the Catholic Faith Words, **reverence**, **Tabernacle**, and **Blessed Sacrament**.

## Activity

**Have** your child complete the Connect Your Faith activity.

**During** the week ahead, make a visit to your parish with your child. Ask your child to find the Tabernacle. Say a prayer together before the Blessed Sacrament.

## LIVE: Living Our Faith

**Turn to Page 262,**  
Our Catholic Life  
*Vivos en Cristo*, Page 525

**Ask** your child to read the first paragraph. Pause after the first paragraph to discuss the work of extraordinary ministers of Holy Communion in your parish.

**Read** the second paragraph. Then direct your child's attention to the photograph, and invite them to describe the Tabernacle in your parish.

**Ask:** How can you respect Jesus' presence in the Eucharist? (We genuflect, or kneel on one knee, anytime that we are before the Blessed Sacrament or when we enter the Church in order to recognize and adore Jesus in the Blessed Sacrament.)

**Turn to Page 263,**

People of Faith

*Vivos en Cristo*, Page 527

**Read** the paragraph about Venerable Pierre Toussaint.

- Share your reactions to the information.
- How does your family show their respect for the Eucharist?

**Turn to Page 265,**

Family + Faith Page and conclude with the Let's Pray prayer on this page.

*Vivos en Cristo*, Page 531

**Parents, Consider This:** *It's important to form our children in the common language of prayer. We encourage you to pray the Morning Prayer (see Page 324), during your morning prayer this week.*



To access and send an eAssessment to your child, go to the Student and Family section of [aliveinchrist.osv.com](http://aliveinchrist.osv.com).